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# My Beauty Buys

## VICTORIA BECKHAM

Forever glamorous, we discover what keeps this British belle at the top of the style stakes

### Tell us about your new fragrance, Beckham Signature Story for Her.

The inspiration comes from our love of all things vintage, really. I'm a fan of old-Hollywood movies, so we wanted to give the fragrance a touch of film-star glamour.

**What kind of woman do you think it will appeal to?** Someone who wants a classic fragrance that they can wear any time. It's nice and light, which I love.

**How would you describe your beauty philosophy?** It's very simple: I drink lots of water and try to get as much sleep as I can.

**What is your beauty regimen?** I cleanse, tone and moisturise; I carry a lip balm to apply throughout the day, and I also religiously remove my make-up before going to bed.

**How has your look changed over the years?** I think as you grow up you become more comfortable and confident with who you are, and this reflects through your style. I definitely wear more simplistic pieces now and I'm much more aware of what suits me.

### Ever had any beauty disasters?

Fashions change and make-up changes. I don't think I ever look back and cringe because what I used to wear was actually fashionable at the time, however I probably wouldn't wear heavy lip liner again!

### What are some of the best beauty tips you've picked up over the years?

It has to be the simple, classic tips like drinking water, getting enough sleep, and I also think wearing make-up that suits your skin tone and colouring is important.

**What's your favourite beauty treatment?** I do go for facials when I get the chance, but I think my favourite treatment would be going to see Anastasia, the lady who does my eyebrows. She's amazing and works miracles with my brows.

**What about fitness, how do you keep healthy?** I work out as much as I can, and running around after three boys [sons Brooklyn, 10, Romeo, seven, and Cruz, four] tends to keep you pretty fit! —Victoria Meppem

## VICTORIA LOOKS BACK...

The stylish trendsetter tells us what inspired some of her most memorable red-carpet moments



**2003** "Long hair is great if it's natural, but this wasn't. That's why I eventually went short."



**2006** "My Hollywood look. Mr Valentino told me I should always wear red lipstick at night."



**2007** "This was at the MTV Movie Awards. I was going for a young, cool effect."



**2008** "I loved the idea of a gamine crop and went to Garren, the master of those cuts."

## My top 5 must-haves

"I use aloe vera moisturiser everywhere: body and face." Try Mukti Aloe Vera Moisturiser, \$32.95; 1300 146 452.



"You can never go wrong with Chanel." Chanel Precision Body Excellence Hand Cream, \$79; 1300 242 635.



"Timeless, fresh and for any occasion."

David & Victoria Beckham Signature Story for Her (right), \$75/50ml, and Signature Story for Him (below), \$75/50ml; 1800 812 663.



"These travel everywhere with me." Johnson's Baby Cleansing Wipes, \$4.78; 1800 029 979.



"This cream is so versatile, and you only need a tiny bit." Elizabeth Arden Eight Hour Cream Skin Protectant, \$35; 1800 015 500.

